

Introduction to Eye Movement and Desensitization Reprocessing (EMDR)

Speakers: Naomi Cotten and Irene Tagg

21st June - 10:30 to 13:00

Online via Zoom

This will be an introduction to EMDR and a look at how EMDR fits into a psychoanalytical/psychodynamic framework. The speakers will also discuss the process of an adjunct referral for EMDR.

About the Speakers:

Naomi Cotten

Naomi trained at IPSS and is an accredited EMDR Consultant with the EMDR Association UK. She has also completed the Advanced Flash Technique Training with Phil Mansfield and Lewis Engles. She is interested in new ways of working that help to reduce high levels of anxiety and trauma so that therapy becomes possible for clients. She works in private practice with adults.

Irene Tagg

Irene trained at the Bowlby Centre and at Terapia and works as an attachment-based psychoanalytical psychotherapist in private practice with adults. She is also a UKCP Integrative Child and Adolescent Psychotherapist. Previously, she had a long career in social work, working with child protection, child mental health, adoption and fostering, and family trauma. She is an accredited EMDR practitioner with the EMDR Association UK and has recently completed a training with Annabel McGoldrick on IFS informed EMDR. Irene is currently one of the Directors of FIP and Chair of FIP Ethics Committee.

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Non-FIP Members £35 Early Bird Booking £30 (booked before 20 April 2025)

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