

LOVE AND HATE IN COUPLES

with Anna Motz

Saturday 24th February 2018

Registration 10.45

Talk 11.00-1.00

Lunch 1.00-1.30

at

NCVO Regent's Wharf, 8 All Saints Street, London N1 9RL

What are the compelling forces that drive us to one another? How is it that we manage to find partners who replicate significant patterns in our life, allowing us to replay these familiar scenarios, time and again?

While we can understand something of the binding nature of loving relationships that offer us what we need in adulthood, including the freedom to recreate infantile states of neediness, and desire, it is more difficult to fathom the compelling aspects of violent, brutal and frightening relationships.

In this talk Anna Motz will consider the dynamics of violent and abusive relationships, looking at the forces of attraction that bind people together, despite the apparently destructive nature of their interactions.

She considers the attachment patterns of the individuals in couples, the way that these create a dangerous dance and how the offspring of these couples can be hurt. Anna's professional practice gives her unparalleled insight into effective interventions for these couples in distress.

Anna Motz is a Consultant Clinical and Forensic Psychologist working for the Family Assessment and Safeguarding Service, Oxford and a psychoanalytic psychotherapist.

She supervises teams in Avon, Devon, Cornwall and Wales for the Anna Freud National Centre for Children and Families in MBT ASPD (Mentalization Based Treatment for Antisocial Personality Disorder: men at high risk for violence), led by Dr Jessica Yakeley and Professor Anthony Bateman. In Dublin she supervises MBT ASPD teams who run these groups within the prison service.

She is also a supervisor for the Engager Project, run by Professor Richard Byng. Engager is a randomized control trial for antisocial men with histories of violence who receive input prior to and after release from custody.

Anna is Past President of the International Association of Forensic Psychotherapy. Her publications include:

Invisible Trauma: Women, Difference and the Criminal Justice System (Routledge, Hove to be published in 2018).

Toxic Couples: The Psychology of Violent Relationships (Routledge, Hove 2014).

The Psychology of Female Violence, Routledge, Hove: 2001 (Second Edition, 2008).

Editor, ***Managing Self Harm: Psychological Perspectives*** (Routledge, Hove, 2009).

Co-editor, ***The Therapeutic Milieu Under Fire: Relational Security and Insecurity in Forensic Mental Health*** (Jessica Kingsley, 2012)